

























MENU
BINDER

SAVOR + SAVVY



MONTHLY MEAL PLAN

MONTH OF:

M	T	W	T	F	S	S
						
						
						
						
						

APPETIZERS

SAVOR + SAVVY

BREAKFASTS

SAVOR + SAVVY

MAIN DISH

SAVOR + SAVVY

DESSERTS

SAVOR + SAVVY

HOLIDAYS

SAVOR + SAVVY

DRINKS

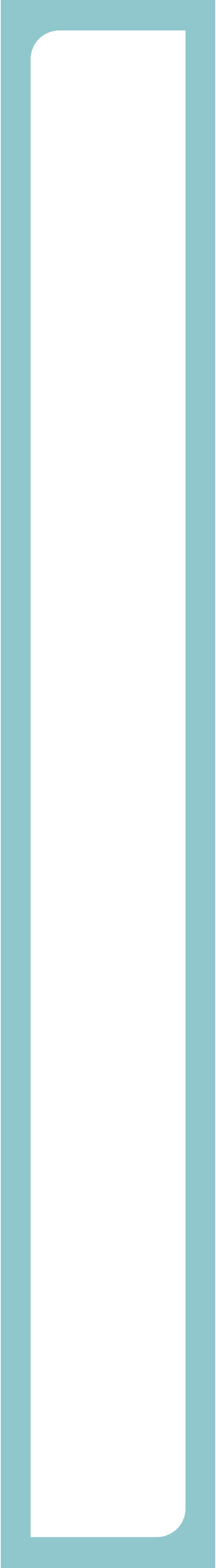
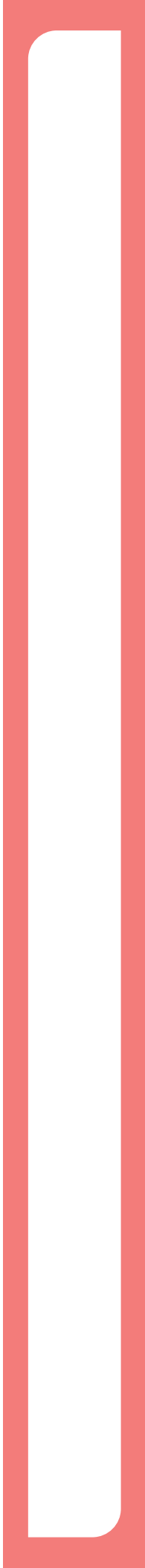
SAVOR + SAVVY

SIDE DISHES

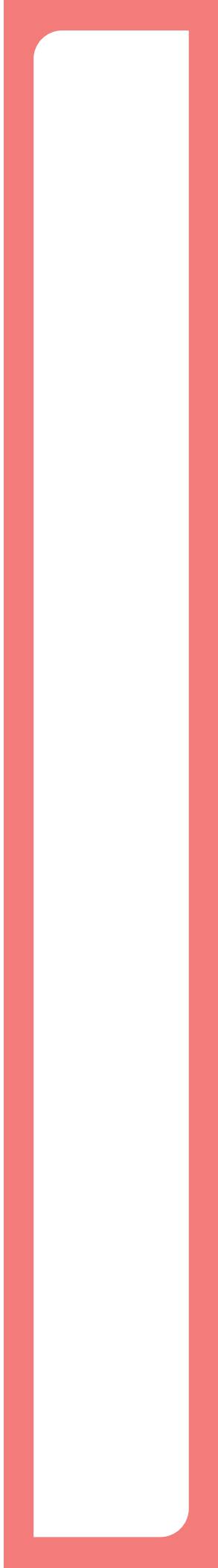
SAVOR + SAVVY

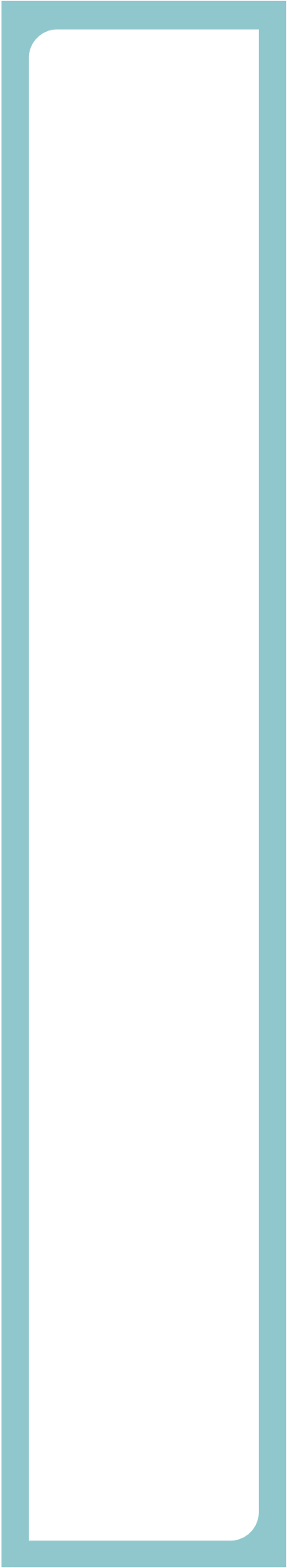


1-INCH SPINES

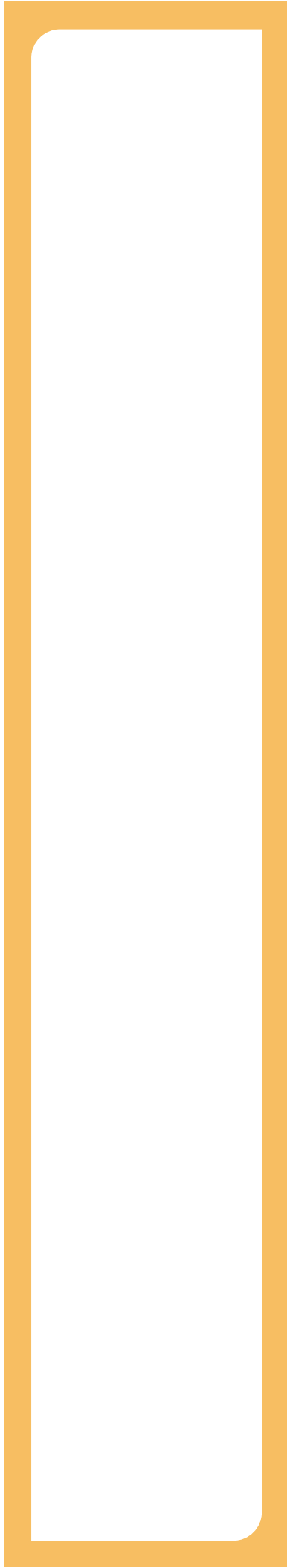


1 1/2-INCH SPINES





2-INCH SPINES



4-INCH SPINE

